



March Wellness Pool Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|----------|
| 9 AM March Ahead Aqua Kristy: Lap Pool | | 9 AM March Ahead Aqua Kristy: Lap Pool | | 9 AM March Ahead Aqua Kristy: Lap Pool | |
| 10 AM Ai Chi Marcus: Therapy Pool | | 10 AM Ai Chi Marcus: Therapy Pool | | 10 AM Water Volleyball Therapy Pool | |
| Reserved 1-3pm Pain | Reserved 1-3pm PT | Reserved 1-3pm PT | Reserved 1-3pm PT | Reserved 1-3pm CDRC | |
| | 5:30 PM Aqua Fit Marsha: Lap Pool | | 5:30 PM Aqua Fit Marsha: Lap Pool | | |