



Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 AM March Ahead Aqua John: Lap Pool		9 AM March Ahead Aqua John: Lap Pool		9 AM March Ahead Aqua Neylana: Lap Pool	
10 AM Ai Chi Marcus: Therapy Pool	10AM March Ahead Aqua Arthritis Neylana: Therapy Pool	10 AM Ai Chi Marcus: Therapy Pool	10AM March Ahead Aqua Arthritis Neylana: Therapy Pool	10 AM Water Volleyball Therapy Pool	
Therapy Pool Reserved 1-2pm PT	Therapy Pool Reserved 1-2pm PT	Therapy Pool Reserved 1-2pm PT	Therapy Pool Reserved 1-2pm PT		
5:30 PM Aqua Interval Marilyn: Therapy Pool	5:30 PM Aqua Fit Marsha: Therapy Pool	5:30 PM Aqua Interval Marilyn: Therapy Pool	5:30 PM Aqua Fit Neylana: Therapy Pool		
		6:00-7:00 PM *Swim Training Alex: Lap Pool *Register at the front desk.			