



Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00-7:00 AM *Swim Training Nora: Lap Pool *Register at the front desk.				
9 AM March Ahead Aqua Lap Pool		9 AM March Ahead Aqua Lap Pool		9 AM March Ahead Aqua Lap Pool	
10 AM Ai Chi Marcus: Therapy Pool	10AM March Ahead Aqua Arthritis Neylana: Therapy Pool	10 AM Ai Chi Marcus: Therapy Pool	10AM March Ahead Aqua Arthritis Neylana: Therapy Pool	10 AM Water Volleyball Therapy Pool	
	Therapy Pool Reserved 1-2pm PT	Therapy Pool Reserved 1-2pm PT	Therapy Pool Reserved 1-2pm PT		
5:30 PM Aqua Interval Marilyn: Therapy Pool	5:30 PM Aqua Fit Marilyn: Therapy Pool	5:30 PM Aqua Interval Marilyn: Therapy Pool	5:30 PM Aqua Fit Erika: Therapy Pool		